



Project LAUNCH

Virtual Healthcare Education

JOIN US, beginning August 17, for a virtual learning experience!

- Six recorded presentations will be cued-up for you to enjoy at your convenience
- Information relevant to early childhood mental health, including local resources and cutting-edge research
- Participation is completely free and open to anyone with an interest in early childhood mental health
- Continuing education credits available FREE of charge to healthcare professionals

Register and participate @ <https://www.iowaprojectlaunch.org>

CONTINUING EDUCATION:

CME Accreditation:

The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation:

The University of Iowa Carver College of Medicine designates this enduring material for a maximum of 6.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses:

As of March 18, 2020, Iowa nurses may use certificates of participation in ACCME-accredited education towards their CE requirement for licensure. Please review the Iowa Board of Nursing's website for more information.

[IBON What CE Qualifies?](#)

[IBON Appropriate Subject Matter](#)

CE Certificates:

All attendees are eligible to obtain CE credit/participation certificates for sessions completed. To obtain certificates, 1) view the presentations you're interested in, 2) complete a short assessment/quiz for each session, and 3) submit an evaluation for each session. All 3 steps are required, and certificates will not be mailed.

Upon completion of each session, attendees will self-claim credits and print certificates through the online CME Portal.

Register for the course and complete the sessions you're interested in anytime from **August 17 to August 28.**

STATEMENT OF PURPOSE

One of the key strategies of Iowa's Project LAUNCH is to support the integration of behavioral health within primary care and build the professional capacity of primary care physicians and nursing staff.

This strategy aligns with the primary care workforce development initiatives of the Iowa Pediatric Mental Health Collaborative. This conference will promote the wellness of young children, from birth to 8 years of age, by addressing the social, emotional, cognitive, physical and behavioral aspects of their development.

Questions?

Contact Rhonda Rairden-Nelson at
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Session Information

CURRENT AND FUTURE INNOVATIONS IN TRAUMA-INFORMED CARE FOR PRIMARY CARE



- Amy Shriver, MD
 1. Describe the importance of trauma-informed care (TIC) in primary care
 2. Review current innovated models of TIC
 3. Discuss potential future directed in TIC in primary care

NON-PHARMACEUTICAL, TRAUMA-INFORMED, INTEGRATIVE MEDICINE APPROACHES TO ADDRESS CHILDHOOD ADHD SYMPTOMS



- Shannon R. Myers, MS, CRC, CMHIMP
 1. Detect and assess how stress, childhood trauma, hypoglycemia, learning style, circadian rhythm, food allergies/sensitivities, vitamin and mineral imbalances, highly sensitive/empathic children and overstimulation, and environmental conditions can present as ADHD symptoms
 2. Develop and deploy non-pharmaceutical integrative medicine approaches to address ADHD symptoms in children while creative care plans with built-in systemic supports and collaboration for families and caregivers
 3. Incorporate nervous system co-regulation and self-regulation practices to address a dysregulated system in children, their caregivers, and practitioners caring for children with ADHD symptoms

ASSESSING AND TREATING YOUNG CHILDREN WITH MENTAL HEALTH PROBLEMS



- Kelly Pelzel, PhD
 1. Discuss unique aspects of infant/early childhood mental health work
 2. Recognize the role of relationships when working with young children and their caregivers
 3. Identify three evidence-based psychotherapeutic interventions used with young children in Iowa

THE NEUROBIOLOGY OF ATTACHMENT IN PREGNANCIES AFFECTED BY PRENATAL SUBSTANCE USE



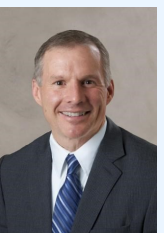
- Ira Chasnoff, MD
 1. Describe the effects of illicit substance use on the pregnant woman's production of oxytocin
 2. Discuss three effects of prenatal substance exposure on infant neurobehavior
 3. Identify strategies for promoting maternal/infant attachment in pregnancies affect by prenatal substance use

APPROACHES TO ADDRESSING BEHAVIORAL PROBLEMS IN CHILDREN



- Nate Noble, DO
 1. Review basic behavioral analysis
 2. Recognize the functions of behavior
 3. Discuss how to take a behavioral history
 4. Identify behavioral strategies
 5. Discuss the medical evaluation for behavior

INTRODUCTION TO THE IOWA PEDIATRIC MENTAL HEALTH COLLABORATIVE



- Tom Scholz, MD
 1. Review the goals and objectives of the Iowa Pediatric Mental Health Collaborative
 2. Discuss trainings to develop capacity of primary care providers to treat children with mild to moderate needs within their medical home
 3. Describe consultation services between primary care providers and University of Iowa Child and Adolescent Psychiatrists
 4. Recommend connection with Regional Pediatric Mental Health Teams for care coordination and family to family support